## Hi! I'm Lauren

I am a Mental Health Support Worker and I enjoy:

Walks and exploring, snorkeling at the beach, knitting and crafting.

In my leisure time I enjoy:

Singing in a choir and drawing pet portraits. I like to cook meals and share with friends. I also enjoy hanging out with my cat.

I have enjoyed studying Masters of Social Work. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Lauren D

