

# Hi! I'm Tarah

*I am a Mental Health Support Worker and I enjoy:*

- *Reading books, listening to music & watching Tv/ YouTube*
  - *Walking, exercising & socializing*
  - *Going shopping, visiting restaurants & cafes*

*I have enjoyed studying a Bachelor of Criminology & Psychology and now I enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Tarah Q.*

