

# Hi! I'm Joanna

*I am a Mental Health Support Worker and I enjoy:*

- *Going to cafes, shopping, going for a drive, socialising, walks & exploring and time out in nature.*
- *Sitting & chatting, music, movies, yoga, reading, cooking, exercise and games & gaming.*

*I have enjoyed undertaking studies in psychology. I now enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Joanna O*

