

# Hi! I'm Anika

*I am a Support Worker and I enjoy:*

- *Sitting & chatting, yoga, music, art, walks & exploring.*

*In my leisure time I enjoy:*

- *Spending time in nature, staying active through walking, yoga, aerial hoop, tennis & dance. I also enjoy listening to music, reading & cooking.*

*I have enjoyed studying a Certificate IV in Youth Work and a Diploma of Counselling. I now enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Anika G.*

