

# Hi! I'm Amy

*I am a Mental Health Support Worker and I enjoy:*

- *Music, games & gaming, yoga, art, walks & exploring.*
- *Picnics, watching tv/movies, reading, ring making, dancing, seeing friends, exercising and going to the beach.*

*I have enjoyed studying a Bachelor of Arts (Psychology Major), and now I enjoy helping people to live their best life.*

*Wishing you all the best and I hope to meet you soon.*

*Amy M*

