

Hi! I'm Amy

I am a Mental Health Support Worker and I enjoy:

- *Hiking, camping, exploring new places, spending time outdoors & with animals.*
- *Meditation, yoga & catching up with family & friends.*
 - *Drawing, painting & reading.*

I have enjoyed studying a Bachelor of Counselling. I now enjoy helping people to live their best life.

Wishing you all the best and I hope to meet you soon.

Amy W.

